



# THE MAINSHEET



Volume 28, Issue 9

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September 2007

**The Mainsheet Now Available Online**  
[www.islandsailingclub.com](http://www.islandsailingclub.com)

## Cruising Group Recap St. Helens and Jarrell's Cove

**St Helens:** The ISC-Portland Cruising Group's trip to St Helens in July went very well. Four club boats set off down-river Saturday morning for St. Helen's. Plenty of space was found at the city dock and the cruisers made their way ashore for dinner and breakfast in old town. New dining options had to be found as some old favorites had closed up shop. For the return trip the group navigated the Multnomah channel and found some good wind upon return to the waters of the Columbia. The group of about 12 cruisers returned safely to the Portland club after having a great weekend cruise down river.



*Cruising aboard the Catalina 25'  
Chad Stockdale and Sean Maloney*

**Jarrell's Cove:** For the August excursion the Cruising Group headed north to the Olympia base for some South Sound sailing. Three boats departed the Olympia docks under threatening skies on Saturday with six cruisers. The flotilla had decent weather as the rain (mostly) held off until the evening when all vessels were tied up at Jarrell's Cove State Marine Park docks which were pretty full. Inside the tarp-covered



*The Cruisers make their way back  
to the Olympia docks*

cockpit the cruisers enjoyed a potluck dinner to the sounds of the gentle evening rain. The rains moved on Sunday and the group had fair winds for the passage through Case Inlet and the return to Olympia. An enjoyable cruise was had by all aboard.



After the rain: The cruisers wake up after a rainy night aboard

## From Portland

### Portland Cruising Group Destination: Riverplace Marina

**Saturday & Sunday September 22<sup>nd</sup> & 23<sup>rd</sup> - - Morning**  
The Cruising Groups's next planned cruise, the last of the season, will be to Riverplace Marina in downtown Portland. Boats will cast off from the Portland Club on the morning of Saturday, September 22<sup>nd</sup> and return the following day. Potential cruisers should contact Harold Crawford to reserve a spot in the final cruising event of 2007.

(503) 590-1860 - - [haroldcrawford@comcast.net](mailto:haroldcrawford@comcast.net)

### Heavy Weather & Reefing Seminar

**Saturday September 15<sup>th</sup> - - 3:00pm-5:00pm**  
With summer winding down it's time to look ahead to the autumn and winter months ahead. Off season sailing presents new conditions and new challenges for sailing. To prepare for these conditions ISC-Portland will be running a seminar on Saturday September 15<sup>th</sup> to educate members on the skills and techniques necessary to deal with high winds and heavy weather. Reefing will be a primary focus of this seminar as late afternoon and evening winds have been increasing in intensity as of late. The seminar will run from 3-5pm and is free to members.

(503) 285-7765 - - [iscportland@islandsailingclub.com](mailto:iscportland@islandsailingclub.com)

## Portland September Classes

<i>Basic Keelboat</i>	1 <sup>st</sup> /2 <sup>nd</sup> – 8 <sup>th</sup> /9 <sup>th</sup> – 15 <sup>th</sup> /16 <sup>th</sup> – – 22 <sup>nd</sup> /23 <sup>rd</sup> – 29 <sup>th</sup> /30 <sup>th</sup>
<i>Basic Coastal Cruising</i>	1 <sup>st</sup> /2 <sup>nd</sup> – 8 <sup>th</sup> /9 <sup>th</sup> – 15 <sup>th</sup> /16 <sup>th</sup> – – 22 <sup>nd</sup> /23 <sup>rd</sup> – 29 <sup>th</sup> /30 <sup>th</sup>
<i>Cruising Group: Riverplace</i>	September 22 <sup>nd</sup> & 23 <sup>rd</sup>
<i>Spinnaker Course</i>	Call for dates in September
<i>Heavy Weather &amp; Reefing Seminar</i>	September 15 <sup>th</sup>

To sign up for any of these events contact:  
Island Sailing Club - Portland  
(800) 303-2470 - - iscpportland@islandsailingclub.com

## From Kirkland

### Welcome Joel Roth Davis Kirkland's New Location Manager

Joel is a native of Columbus, Ohio and grew up sailing on his grandfather's yacht on the Long Island Sound off the coast of Connecticut. His formal training came during six summers at the Culver Summer Naval School in Northern Indiana, where he returned to teach performance sailing last summer. Joel studied Business Management at the University of Maryland for four years and was awarded citations for his civic involvement and activism. After three glorious years playing music on the sunny shores of Southern California Joel finished his bachelor's degree in ecology at The Evergreen State College in Olympia. Joel enjoys participating in any activity that involves mountains and water, and preferably both. He met his lovely fiancée, Katie, this past year at Evergreen, and she will be graduating with honors this coming spring. Take a few minutes to meet Joel the next time you're at the Kirkland club.

### Kirkland Crew List

Are you interested in finding other club members who want to get out the water weekday evening? Or perhaps you'd like a second skilled sailor aboard for a weekend sail. A crew list is being compiled through the Kirkland office. If you're interested in getting a copy all you need to do is add yourself to the list. List additions can be done in person at the office, by phone, or via email. Up to date crew lists will be available upon request.

(425) 822-3773 - - isckirkland@islandsailingclub.com

## Kirkland September Classes

<i>Basic Keelboat</i>	1 <sup>st</sup> /2 <sup>nd</sup> – 8 <sup>th</sup> /9 <sup>th</sup> – 15 <sup>th</sup> /16 <sup>th</sup> – – 22 <sup>nd</sup> /23 <sup>rd</sup> – 29 <sup>th</sup> /30 <sup>th</sup>
<i>Basic Coastal Cruising</i>	1 <sup>st</sup> /2 <sup>nd</sup> – 8 <sup>th</sup> /9 <sup>th</sup> – 15 <sup>th</sup> /16 <sup>th</sup> – – 22 <sup>nd</sup> /23 <sup>rd</sup> – 29 <sup>th</sup> /30 <sup>th</sup>

To sign up for any of these events contact:  
Island Sailing Club - Kirkland  
(800) 303-2470 - - isckirkland@islandsailingclub.com

## From Olympia

### CPR and First Aid Course

Monday September 10<sup>th</sup> - - 8:30am-5:30pm

Being prepared on the water isn't just reading the wind and trimming the sails, knowing what to do in the event of an accident is also of the utmost importance. The Olympia facility is planning a CPR and First aid Training and Certification day this month that will give you the skills to react properly in a medical emergency. The course will be held Sept. 10<sup>th</sup> from 8:30–5:30 at the Olympia location. Cost is \$45. Contact ISC-Olympia to sign up.

(360) 943-4684 - - iscolympia@islandsailingclub.com

### Olympia Notes

Portland Cruising Commodore Harold Crawford sends his compliments and praise to the Olympia crew, John, Cathy and Collin, for their efforts in improving and maintaining the Olympia fleet. Harold was especially impressed by the Olympia Club's newest addition, the cruise equipped Catalina 25' "Windwalker." Congratulations and thanks from the cruisers go out to the entire Olympia crew as they continue striving to create a first rate cruising fleet.

### Olympia September Classes

<i>Basic Keelboat</i>	September 8 <sup>th</sup> /9 <sup>th</sup> – 29 <sup>th</sup> /30 <sup>th</sup>
<i>Basic Coastal Cruising</i>	September 22 <sup>nd</sup> /23 <sup>rd</sup>
<i>Bareboat Chartering</i>	September 15 <sup>th</sup> – 17 <sup>th</sup>
<i>Advanced Coastal Cruising</i>	September 21 <sup>st</sup> – 23 <sup>rd</sup>

To sign up for any of these events contact:  
Island Sailing Club - Olympia  
(800) 303-2470 - - iscolympia@islandsailingclub.com